

Information Booklet

Health and Wellbeing



*Bracken Leas
School*

First Aid

Under the guidelines that we must follow, no ointments, antiseptic or cotton wool can be used. We clean any wounds or grazes with gauze or with alcohol free wipes. If necessary, wounds are then covered with plasters or dressings. Disposable gloves are worn at all times. (Please ensure that the class teacher is aware of any allergies to plasters or dressings).

Each class has a bag containing first aid equipment, and main supplies are kept in the school medical room. We have staff on duty at break times to deal with any first aid issues that may occur.

If a child receives a head injury a letter is sent home to inform the parents that this has occurred. This letter also recommends that should you as a parent be concerned you should seek medical attention.

Illness

When children are absent from school due to illness it is important that we are aware of this in order for us to maintain an accurate register of attendance as laid down by the law. We ask that you telephone school on the first day of your child's absence – you can do this before school hours by leaving a message on the school absence line.

Our school follows guidelines from Public Health England regarding illness and absence from school. We feel that it may be better for children to remain at home for an extra day if you are unsure that they have fully recovered, rather than to send them back to school too soon. If you have any concerns that your child may become unwell during the day for example following a disturbed sleep or because other family members are unwell please speak to an adult in the morning, this will help us to monitor your child and inform you promptly should they become unwell.

The following are some of the common illnesses that may affect you child during their time at school, and the guidelines from Public Health England with regard to absence from school.

Vomiting and Diarrhoea: Children should be clear of symptoms for **at least 48 hours** before returning to school.

Chicken Pox: Children should be kept at home until the last vesicles (spots) have crusted over.

Shingles: Children only need to remain at home if their rash is weeping and cannot be covered.

Conjunctivitis: Where possible children should attend school. Ointment and drops are available from a pharmacy.

Impetigo: Children should be kept at home until all spots have crusted or healed and the child is feeling well again.

Slap Cheek (Fifth Disease): Children are infectious before the onset of the rash; however they do not need to be kept at home unless they are feeling unwell.

Threadworm: Where possible children should be kept at home until they have received treatment which is available from a pharmacist.

Head lice: Children do not need to be kept away from school. However we do ask that you keep your child at home until they have been treated and inform their class teacher as soon as possible.

The school office holds a more comprehensive list of illnesses and whether children affected should be kept away from school. Please do not hesitate to contact them if you have any questions.

Please ensure that you inform the school if your child has a contagious disease so that we may take appropriate measure to protect any vulnerable staff and pupils. This will also allow us to make any necessary referrals in the case of notifiable diseases e.g. measles and scarlet fever.

Medication

If the doctor has prescribed medication for your child following an illness we prefer where possible that you come to school to administer this yourself. However we understand that this is not always possible and so will administer medication to your child if necessary. In order to do this you will need to complete a medication consent form (available from outside the school office and from the school website). Medication needs to be sent to school in the original container and be clearly marked with the child's name. Children should not keep any type of medication in their school bags or classroom drawers. A separate form will need to be issued for each individual medicine. All medication held in school is kept in a locked or inaccessible place to comply with LA policy. A copy of the school's medication policy is available on request.

Blood, HIV and AIDS

We have a responsibility to ensure the safety of staff and pupils in situations where blood and/or bodily fluids are involved. We have detailed procedures for these situations; disposable gloves are worn at all times and stained clothing is removed, hence the request for spare clothing on your child's peg.

Asthma inhalers and Auto-Injectors (Epipens)

These are kept out of reach in the classroom at all times and taken to and from PE lessons and on school trips. Where an anti-histamine is prescribed for severe allergies as a first treatment this will be kept with the child's auto-injector.

Sun Safety

Please ensure that when the weather improves your child has a named sunhat in school to protect their head. Please also apply sun screen to your child in the morning before school. Children may bring sun screen with them, however they will need to be able to apply it to themselves.

Health & Safety

Our school Health and Safety Policy is in accordance with the Local Authority policy, and is monitored by the Governing Body. Copies of all documentation are available in school for you to read. It is the responsibility of the Governors to ensure that the school policy is implemented. Our aim is to ensure a safe and healthy environment for everyone at Bracken Leas School. We need help from everyone to ensure that this is the case.

Children need to know and understand the rules for safe evacuation in case of emergency, first aid procedures, and how to use tools and equipment safely. It is also important that children understand how to behave safely when moving around the school.

Parents can help by reading the emergency evacuation procedures, knowing where the evacuation meeting points are situated, and ensuring that children do not bring dangerous items to school. Your support for our high expectations of children's behaviour is also appreciated.

Staff are all aware of the policy details and of how to put these into practice.

Emergency Procedures

We conduct regular practises of our emergency evacuation procedures, in order to ensure that everyone knows how to behave when the alarm sounds. If you are in school when the alarm sounds, please ensure that you know the nearest exit point and the location of the evacuation meeting point. Details are displayed in each classroom.

***It is our aim to ensure that as many of us as possible
remain healthy all the time!!***